

# BodyBlendz Coffee Shimmer Scrub Ingredients

## Ingredients:

### Ground Arabica Coffee Beans:

- Scrubs away dead skin cells and reduces visibility of acne, cellulite, stretch marks and psoriasis
- Rich in antioxidants that fight off skin diseases and aging
- Protects your skin from further damage

### Sugar

- Contains a natural humectant that draws in elements from the environment that hydrates and protects your skin
- Prevents signs of aging
- Scrubs away dead skin cells without micro tearing, leaving you glowing

### Activated Charcoal

- Draws bacteria, dirt and other toxins to the surface of the skin and makes them appear less visible
- Treats problems like acne and clogged pores and makes your skin look fresh

### Mica

- Helps your bod produce a flattering glow
- Crushed into a powder and reflecting light off of your skin, giving you a shimmery and sparkly finish

### Kakadu Plum Extract

- Strong in Vitamin C, which helps collagen production that tones your skin and reduces signs of aging
- Full of antioxidants that restores your skin's natural barrier and protects it from UV damage

### Green Tea

- Contains catechins, which are powerful antioxidants that help to clear acne by absorbing bacteria
- An anti-inflammatory that helps reduce redness and skin irritation

### Jojoba Oil

- Packed with essential nutrients including silicon, copper, zinc, chromium, iodine, vitamin E and vitamin B
- Repairs, hydrates and provides natural oils that help slow the aging process
- Un-clogs dirt and oil from your pores

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## Coconut Oil

- Contains saturated fats that helps balance the overproduction of sebum
- A natural exfoliator that cleanses excess dirt and oils
- Removes acne and eczema and hydrates dry and flaky skin
- A yummy fragrance that will linger on your skin

## Almond Oil

- Works to soften and smooth your skin by providing a deep exfoliation that removes any dead skin cells
- Contains Vitamin E that repairs and protects your body from further damage

## Olive Oil

- Contains antioxidants that protect your skin from damage
- A super exfoliator that moisturizes, removes dead skin cells and de-clogs pores of any excess oil

## Vitamin E

- A natural antioxidant that protects you from sun damage
- Prevents the appearance of fine lines and wrinkles
- Hydrates and nourishes your skin to keep you looking fresh and youthful

## Natural Preservatives

- Free from toxics and protects your skin with anti-bacterial and anti-fungal properties that fights off infections

## Potassium Sorbate

- A mild preservative that kills off microorganisms in your product so mold and fungi won't grow, making it last for as long as you want

## How to Use:

1. Cleanse your face and body in the shower
2. Take scrub and apply generously to your skin, massaging in a circular motion
3. Wait 2 minutes for maximum absorption. Take the time to check yourself out!
4. Rinse off the scrub in the shower
5. Use 2-3 times a week for best results